



Join Our Monthly World Healing Sessions

ISSUE 1 :: 2008 :: \$1.50

What Is It Like To Participate?

Every session, from wherever we are, hundreds of participants send unconditional love or distant healing energy to all people, nature & the planet. Together we create a synergistic tidal wave of healing energy for our world to heal. A simple solution helps all people & environmental issues which need healing.

Through synergy and a real large number of participants, we can tilt the balance in the world for good. The synergistic power of group meditation-joint prayer is documented through anecdotes.

Focus on a fundamental shift of our world for good: i.e. to help create a balanced, fair, interesting, healthy, sustainable world with food, freedom, joy, peace & love for all people.

If you want to make a difference in this world, you can. **Join!** Participation is free.

One hour, each moon cycle – schedule online. Sign in with your name, city & country at:
<http://www.therapeuticreiki.com/blog/>

A Lee, The voice of 'We Are One World Healing'

Claim Your Energy Back: Detach Other's Aka Cords

I first stumbled upon the term 'aka cord' when giving a Reiki treatment to a

Every session is a unique experience. This participant's describes a

"It was went to the log to sit on, purple shells closed my eyes. ...



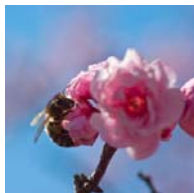
experience session: **incredible!** At 9, I beach, got a small made a circle with and sat inside. I

My chakras opened. I was a rainbow inside this light. ... I saw dolphins ... I was two arms hugging the world.. There was a wolf on the beach... I was inside a giant oak tree, saw white flowers everywhere, green grass, a lake... **Gold dust fell onto harmful events turning them to love, joy & healing.**

I felt & heard many people with all their love and healing - it was astounding! At 10, I saw a circle with loads of footprints behind me - amazing! I threw the shells in the sea to carry the energy where needed. It was incredible - one of the most amazing experiences. I felt like I got some healing too! p.s. When is the next one?"

Mandy's abridged article can be read in full online.

Benefits of Distant Reiki



Distant healing helps heal a person on all levels, in many situations.

On an emotional level, Reiki helps heal hurt, allowing the person to view personal relationships from an empowering perspective. It can make you aware of relationships and situations which are toxic.

It can bring harmful patterns of thinking to your consciousness for healing. It can help combat smoking, eating, shopping and chemical addictions.

As Reiki reduces anxiety, it enables positive choices

very experienced healer. At one point, I felt the urge to symbolically 'cut-off' an energetic attachment to a specific person for her. With my imaginary sword I cut and freed her from the connection. It was amazing to see the positive physical change that occurred.

The healer explained I intuitively cut off an 'aka cord'. You may wonder, as I did then, "What is an aka cord?"

Find the answer at 'We Are One World Healing' : TherapeuticReiki.com/blog

*You will find many articles for individual healing. **By healing ourselves, we become strong.** And so, we can better help to heal the world.*



Sponsors

☸ To manage costs involved with setting up the initiative, doing ongoing maintenance and marketing the events, we must have some sponsors today, to move forward. So, I'm holding up Buddha's bowl, and thank you for generosity.

We drafted 4 sponsorship packages:
FIRE: website article ad, ad in monthly email to participants, ad in external World Healing News newsletters, website sponsorship listing
METAL: website article ad + site sponsorship listing
WATER: website sponsorship listing
WIND: Anonymous patron

[See blog for details.](#)

If you want something else, do let us know.

☸ For more information about this initiative, contact Info@TherapeuticReiki.com

of action. It can be a complimentary depression treatment.

The full article is at www.TherapeuticReiki.com/blog



Magnetizing a New Reality Using Crystals & Gems

By Intuitive and Crystals Expert, Christine Paton

☸ As we embrace a new year it is natural for us to think about what we would like to create for ourselves. Perhaps we make resolutions regarding things we choose to let go. Change is inevitable and a new year is a powerful time to crystallize change.

Quartz crystals act as memory cards for our visions. When working with quartz crystals it is important that we visualize what we seek to create. It is best to not spend any time thinking about what we are done with. Focus on the future – what can fill the space left behind when we release what is does not serve our highest good?

Taking time to clear your mind using your favorite practice is a good place to start. Meditation, Reiki, yoga, dance, chanting, and walking are all practices that can clear a busy mind, center us and get us in touch with a place of higher knowing. ."

Read the full article at the blog in the category 'crystal healing'

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